



TEXAS FIRE CHIEFS ANNUAL CONFERENCE PRE-CONFERENCE

MARCH 20, 2023 • 8AM-5PM

Comprehensive Wellness for Optimal
Performance, Health, and Relationships

EXPERTS INCLUDE

First Responder Psychologist • Physical Therapist
Performance Specialist • Registered Dietician

PREPARE. ENDURE. RECOVER.

F1RST is dedicated to supporting you and your family members.

We look forward to meeting you!